**Date Prepared: 10/4/2018**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday**  | **Tuesday** | **Wednesday**  | **Thursday** | **Friday** |
| **7:00AM** | Coping Skills and Addiction | Coping Skills and Addiction | Coping Skills and Addiction | Coping Skills and Addiction | Coping Skills and Addiction |
| **7:30Am** | Essentials of Treatment  | Essentials of Treatment  | Essentials of Treatment  | Essentials of Treatment  | Essentials of Treatment  |
| **8:00AM** | Meditation TechniquesFor Relapse Prevention  | Meditation TechniquesFor Relapse Prevention  | Meditation TechniquesFor Relapse Prevention  | Meditation TechniquesFor Relapse Prevention  | Meditation TechniquesFor Relapse Prevention  |
| **9:00AM** | Phases of Recovery | Phases of Recovery | Phases of Recovery | Phases of Recovery | Phases of Recovery |
| **9:30AM** | Reaching Abstinence | Reaching Abstinence | Reaching Abstinence | Reaching Abstinence | Reaching Abstinence |
| **10:00AM** | **T**Relapse Prevention Skills | Relapse Prevention Skills | Relapse Prevention Skills | Relapse Prevention Skills | Relapse Prevention Skills |
| **11:00AM** | Learning Sober Behaviors | Learning Sober Behaviors | Learning Sober Behaviors | Learning Sober Behaviors | Learning Sober Behaviors |
| **12:00PM** | Road to Recovery | Road to Recovery | Road to Recovery | Road to Recovery | Road to Recovery |
| **1:00PM** | Sober Living | Sober Living | Sober Living | Sober Living | Sober Living |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

**Specialty Group Schedule**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  |
| **10:00AM** |  |  | **Health & Recovery** |  | **Health & Recovery** |
| **10:30AM** |  |  |  |  | **Alternatives To Violence** |
| **11:30AM** | **Alcohol Specialty Group** | **Cocaine Specialty Group** | **Art & Recovery** |  **Domestic Violence Group** |  |
| **1:30PM** |  |  | **Marijuana Specialty Group**  |  |  |
| **2:00PM** | **Alternatives to Violence**  | **Domestic Violence Group** |  |  | **Parenting Skills Group**  |