**Date Prepared: 10/4/2018**

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| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **7:00AM** | Coping Skills and Addiction | Coping Skills and Addiction | Coping Skills and Addiction | Coping Skills and Addiction | Coping Skills and Addiction |
| **7:30Am** | Essentials of Treatment | Essentials of Treatment | Essentials of Treatment | Essentials of Treatment | Essentials of Treatment |
| **8:00AM** | Meditation Techniques  For Relapse Prevention | Meditation Techniques  For Relapse Prevention | Meditation Techniques  For Relapse Prevention | Meditation Techniques  For Relapse Prevention | Meditation Techniques  For Relapse Prevention |
| **9:00AM** | Phases of Recovery | Phases of Recovery | Phases of Recovery | Phases of Recovery | Phases of Recovery |
| **9:30AM** | Reaching Abstinence | Reaching Abstinence | Reaching Abstinence | Reaching Abstinence | Reaching Abstinence |
| **10:00AM** | **T**Relapse Prevention Skills | Relapse Prevention Skills | Relapse Prevention Skills | Relapse Prevention Skills | Relapse Prevention Skills |
| **11:00AM** | Learning Sober Behaviors | Learning Sober Behaviors | Learning Sober Behaviors | Learning Sober Behaviors | Learning Sober Behaviors |
| **12:00PM** | Road to Recovery | Road to Recovery | Road to Recovery | Road to Recovery | Road to Recovery |
| **1:00PM** | Sober Living | Sober Living | Sober Living | Sober Living | Sober Living |
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**Specialty Group Schedule**

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| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **10:00AM** |  |  | **Health & Recovery** |  | **Health & Recovery** |
| **10:30AM** |  |  |  |  | **Alternatives To Violence** |
| **11:30AM** | **Alcohol Specialty Group** | **Cocaine Specialty Group** | **Art & Recovery** | **Domestic Violence Group** |  |
| **1:30PM** |  |  | **Marijuana Specialty Group** |  |  |
| **2:00PM** | **Alternatives to Violence** | **Domestic Violence Group** |  |  | **Parenting Skills Group** |